

Mayor Joe Jackson and the Rockaway Township Council present a
Rockaway Township Division of Health program

Diabetes & Diet



American Diabetes Association Alert Day, observed on March 22 this year, is part of a movement to create awareness about this ‘silent killer,’ which affects millions of Americans

Join us as we wave a red flag on this day to alert Americans about this disease and ways our nutrition can alleviate symptoms of diabetes

**Catherine A. Gruenfelder, MS, RD,
Clinical Dietitian, St. Clare’s Health**

Tuesday, March 22, 2022

6:30 PM – 7:30 PM

Rockaway Township Public Library

61 Mount Hope Road

Rockaway, NJ 07866

Register by calling 973-627-2344 or 973-983-2848

